



## BOTOX/ XEOMIN Injection Post-Care Instructions

1. Keep upright for 4-6 hrs after the injections. This is very important to minimize the product from flowing back to migrate to unwanted areas creating eyelid droop (ptosis). Avoid laying down or leaning forward.
2. Other activities to avoid in the first 4-6 hrs include:
  - a. No exercise or long walks
  - b. Do Not touch or massage injected areas
  - c. No air travel on the first day of treatment
  - d. No wearing Hats
  - e. Do Not wash or blow-dry your hair
  - f. No Showers
  - g. Do not schedule a massage first day of treatment
3. Results may take 4-14 days to maximize and be readily noticed. Wait at least 1 wk after your injection to evaluate the success of treatment
4. For emergencies call the office immediately @ 978-987-0930. For increased Redness, swelling or uncontrolled pain please visit an after hours medical provider.