



What to Do:

Before and After Scalp PRF Treatment

BEFORE: The week before having the treatment (for Best Results):

1. 3-7 days Before AVOID the use of NSAIDS (ibuprofen, Motrin, Aleve, Naproxen, Aspirin, ect.) Tylenol is OK to take for pain relief right up to and including day of treatment
2. 3-7 days Before AVOID Ginko Biloba, Garlic suppliments, Vitamin A, Vitamin E, Flax Oil, Curcumin and other anti-inflammatory nutrients.
3. 1-2 wks Before AVOID the Systemic use of corticosteroids for 1-2 wks before the treatment
4. AVOID Alcohol and Cigarettes 3-7 days before treatment
5. HYDRATE very well the day before and the day of the treatment for ease of blood draw.

DURING: The Day of the treatment:

1. All paperwork will be completed