



## POST-CARE DERMAL FILLERS

\*\*\*\*Minor redness, swelling and bruising following your treatment may occur. Immediately contact our office should you experience excessive redness, swelling, bruising, discoloration, heat and/or pain in the area of injections. Also, please contact our office at (978)987-0930 if swelling lasts longer than 72 hours after your treatment.

- To reduce swelling and bruising, please avoid all alcohol consumption, extended sun exposure, vigorous exercise or becoming overheated for 24 hours following your dermal filler treatment and until all side effects have completely resolved.
  - Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injections sites.
  - You can apply an ice pack for a brief period to relieve swelling.
  - You may take acetaminophen as needed for discomfort.
  - Unless advised by your medical provider, avoid touching the treated area for 24 hours.
  - However, you may gently wash your face and apply makeup 1 hour after your treatment.
- If you should have an after hours emergency, please contact Deb Fauci @ 978-987-0930. For increased redness swelling or uncontrolled pain please visit an after hours medical provider.